

PUANINA TOUR A tour of the alpine mountain cottages of Ugovizza????????

Čëua, Rossbach, Gáčman are place names that are rich in meaning, the result of a multiplicity of ethnicities, historical vicissitudes and interlacing of languages and cultures. The names of these places that can be traced back to remote times that are the milestones of the themed path that unwinds from the center of the village up to the Alpine mountain cottages of Ugovizza. A minute area of the Carnic Alps located in Friuli-Venezia Giulia within the millennial woodlands of the Forest of Tarvisio. A land of forests, prairies and enchanted mountain tops located along the border of Italy and Austria. The PUANINA Tour unveils a corner of the world far from mass tourism covering more than 18 kilometers of alpine mountain pasture that have been designed along the centuries by a slow paced human settlement, seven are the facilities that have dedicated one or more of the dishes of their cuisine to this theme. Scrumptious delicacies made with local products are the combination of genuineness and tradition are our added value. The PUANINA Tour is a trekking adventure in an uncontaminated environment and a pledge to offer unique places and food accompanied by silence and infinite views. Up here, from the Alps of Ugovizza, the world is even more enchanting!

QUASSÙ, SULL'ALPE DI UGOVIZZA, IL MONDO È PIÙ BELLO! ??????????????????



The value of Identity

The Puanina Tour reveals the strong heritage that binds its people to the territory. In the local language, the term "Puanina" means mountain pastures and it is how the locals call "their" mountain, a land of remote traditions and rural culture, of songs with Slovenian and German lyrics and their secular relation with the forest woodlands.

The theme of the trail of the Puanina Tour will take you to the Alps of Ugovizza, located in the heart of the Valcanale, a land in which livestock and cattle breeding still counts as many cattle as centuries ago and is still done according to tradition.

Along the trail, the signs that will direct you illustrate the rural life of the past, with images that are still familiar as the roots of a population with secular traditions. Customs and traditions that Ugovizza does not intend to abandon.

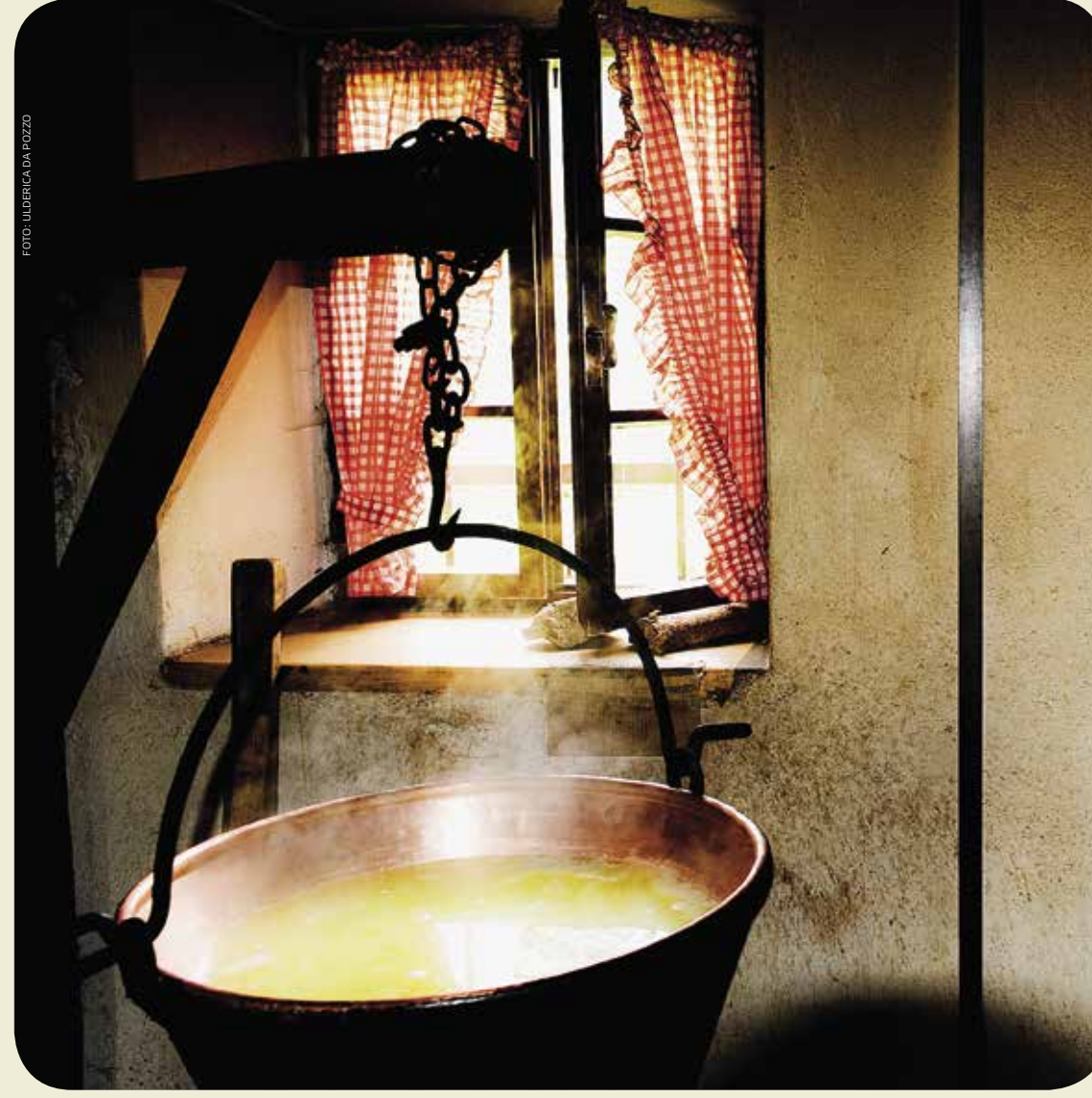
How to get here

The Puanina Tour is a circular trail, you can start taking the tour by walking from the town of Ugovizza where there are two points of access that are both located in the center: the first takes you to the trail in the direction of Malga Prju (Mountain Lodge) and Val Rauna while the second give you the tour in a opposite direction towards the location called Cristo and the Agriturismo (Farm Hotel) Gacceman. For those who would rather walk less, there are many points of access along the local route Ugovizza-Rifugio Nordio (by car), and you may park in the many parking lots:

- Parking in the location " Cristo"
- Parking in the location Segherie and della Val Rauna
- Parking in the location of Rifugio Gortani
- Parking in the location of Locanda al Camoscio,
- Parking in the location of Agriturismo Rosic
- Parking in the location of Agriturismo Da Mihael
- Local Route Strada della val Filza Bassa- Fork for Gacceman at the height of the Filza River Crossing

The Puanina Tour offers everyone a choice, according to your endurance and time, to reach the farm hotels and mountain lodges of the Alps of Ugovizza with a wide range of solutions and several starting points that are all illustrated by the map.

The Puanina tour may also start from the town of Campososso, in the vicinity of the church of St. Egidio, following the directions for the Farm Hotel Agriturismo Gacceman, from which the whole trail may be completed.



For more information, please refer to:

Info point Comune di Malborghetto-Valbruna +39 0428/64970

Promoturismo FVG Tarvisio +39 0428/2135

info@visitvalcanale.it?????

www.promoturismo.fvg.it

www.discovrapigiulle.eu

www.alpfriliane.com

www.visitvalcanale.it

Photographs made by:

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Archivio fotografico Palazzo Veneziano, Malborghetto

Map: **Gormat** www.cormar.info

I toponimi che identificano il percorso sono tratti da: ?????????????????? La toponomastica del Comune di Malborghetto-Valbruna di Alessandro Oman (Quaderno n. 7 del Museo Etnografico Palazzo Veneziano, Comunità Montana del Gemonese, canal del Ferro e Valcanale, 2016)



Canal del Ferro - Val Canale

Genuine Flavors

The Puanina Tour is not just relaxing mountain trekking; it is above all a unique tasting experience of the authentic cuisine of these mountains! A stop in all seven of the Puanina Tour accommodation facilities will give you a chance to enjoy the sophisticated traditional delicacies of homegrown local products: organic meats, local cheese, fresh herbs, homemade pies and much more; such a wide selection that everyone will find something to meet their taste!

Rifugio Michele Gortani (Mountain Lodge)

Location: Pod Rauna (toponym: pør Šuøle)
Tel. +39 331 7907427 angelavirgallito@pec.it

Goratani Jausen, a selection of antipasti with local cheeses from Ugovizza and tastings of the pies made with the ricotta of Ugovizza.

Agriturismo malga Priu (Farm Hotel)

Location: Rossbach (Mezesnik) – (toponym: Májerčaua sanážæt)
Tel. +39 333 4475021 cristinadelf@hotmail.it

Frico with polenta (made according to the original recipe!)

Locanda al Camoscio (Lodging)

Location: Val Uque (toponym: Črníkølhaua sanážæt)
Tel. +39 0428 60076

"Malca" (pronounced malza), a typical snack made with local meats and cheeses.

Agriturismo Rosic Agriturismo "da Rosiç" – from the owner's name Rosiç Peter (Farm Hotel)

Location: Val Uque (toponym: Pàuraua sanážæt)
Tel. +39 368 3023019 | +39 388 9422503 rosicpeter@gmail.com

Fettuccini with venison ragout and homemade pies.

Rifugio Flli Nordio (Mountain Lodge)

Location: Val Uque (toponym: na Ljaløh)

Closed temporarily but it will certainly offer something great when it reopens!

Agriturismo Jausenstation da Michael (Farm Hotel)

Location: Val Filza Alta (toponym: Rájðønvjærtøu sanážæt)
Tel. +39 339 2966841

Beef Goulash (homemade) with bread dumplings and polenta.

Agriturismo Gacceman (Farm Hotel)

Location: Val Filza Bassa (toponym: Gačman – Klømpuhøu sanážæt)
Tel. +39 339 2967939 info@gacceman.com

*Skutnje Krape (large ravioli made with ricotta and local herbs).
Gnocchi with smoked ricotta. Kaiserschmarren (traditional pie)*



PUANINA TOUR – Standard Trail

Length of the itinerary (standard trail, starting from Ugovizza that connects all the accommodation facilities)

km 16.5 – Overall time foreseen approximately 7 hours.

Ugovizza – Malga Priu	1.00	km 2
Malga Priu – Rifugio Gortani	0.50	km 1.92
Rifugio Gortani – Agriturismo Rosiç e Locanda al Camoscio	1.00	km 2.20
Agriturismo Rosiç – Locanda al Camoscio- Agriturismo da Michael	1.00	km 2.30
Agriturismo da Michael – Agriturismo Gacceman	1.00	km 2.40
Agriturismo Gacceman – Ugovizza (via alta della Zafratta)	2.10	km 5.62
Locanda al Camoscio – Rifugio Flli Nordio – Deffar	1.30	Km 2.8 ** not mapped for the moment

Variant 1: direct route Ugovizza – Rifugio Gortani, without passing by malga Prju

Variant 2: Malga Priu – Rifugio Gortani (along the high pass Collarice-Val Rauna)

- Length of the path, starting from Ugovizza, including the variant Malga Prju-Sella Collarice-Val Rauna km 18,5 – Overall time foreseen: approximately 8 hours

- Overall difference in altitude starting from Ugovizza 1,000 meters

- Degree of difficulty:

Full trail: medium difficulty, recommended for excursionists that walk on a regular basis

Trail with stops: easy, recommended for everyone

** in case the Uque river has overflowed, in the vicinity of the ford near the Locanda al Camoscio, to reach the Agriturismo da Michael and l'Agriturismo Gacceman do not cross the river but proceed in the direction of Agriturismo Rosic, where there is a bridge to cross.

- Recommended clothing: trekking boots, rucksack with food, water and a spare pair of shoes, wind breaker jacket.

- Area partially covered by the telephone signal.

Where to spend the night:

Agriturismo Malga Prju (Farm Hotel)
Agriturismo Gacceman (Farm Hotel)
Rifugio Nordio (Mountain Lodge)

Rifugio Gortani (Mountain Lodge)
Locanda al Camoscio (Rest House)

Affittacamere Rauna (Guest House)

Location: Val Rauna
Tel. 335 7810452 – 338 6715505 – 0428 660505 info@chaletalpigiulie.com

Chalet Filza (Mountain Chalet)

Location: Val Filza
Tel. 0428 60372 – 349 4590430 mellj.mischkot@katamail.com

