



This brochure describes the ski mountaineering routes and snowshoeing trails that, traditionally and in a spontaneous way, were followed by ski mountaineers and hikers on the Alpe di Ugovizza. Since the trails described are not delimited, classified, prepared, controlled or protected, the Municipality of Malborghetto-Valbruna shall not be held responsible towards users.



FACE-TO-FACE WITH THE MOUNTAIN. SKI MOUNTAINEERING ON THE ALPE DI UGOVIZZA

Ski mountaineering is a sport that takes to experience the mountain in its most intimate nature. The winter ascents to the peaks of the Carnic Alps on the Alpe di Ugovizza pass through gentle slopes, pastures and unspoilt fir woods, to ultimately reach the peaks summit, where the panorama will leave you breathless: to the north the Karawanken and Tauern ranges and to the south the rocky Julian Alps. One of the many distinctive features of this region is the possibility to ski simultaneously in Austria and Italy, along tracks where the two borders merge and offer unique emotions. The freeride descents are sensational, characterized by powder or firm snow depending on the period chosen. Here you will undoubtedly find a piece of untouched snow just waiting to be skied on. Nothing will leave you more satisfied than a face-to-face experience with these snow covered mountains!

Ski mountaineering routes

MONTE COCCO 1941 m

Uphill height difference: 800 m
Difficulty level: Average skier – gradient <25 degrees / Good skier – gradient <35 degrees (direct descent from the top towards N-E)
Slopes exposition: E, then N
Ascent time: 2.30 hours
Departure: P3 – P4 – P5 car parks

Ascent: Ski mountaineers who face Monte Cocco typically leave the valley bottom following the forest road that from the “Al Camoscio” inn rises towards N-W passing through some mountain cottages. At the first bridge skiers usually choose between two different routes: the first allows to continue straight without crossing the bridge and to proceed, after a sharp left-hand turn, on grazing hills and sparse woodland until the open slopes under the saddle between Monte Cocco and Cima Bella. The second allows, after crossing the bridge, to pass on the left side of the valley (advisable if the right side is not very snowy) and along the little road, or through the woods without an obligatory route, to arrive at the masonry building of Cocco Village (1460 m) reachable from a further narrow road. Along this road, towards the right, skiers usually ascend to a clearing crossing the previous trail (1536 m). Continuing then on open terrain, they arrive at the saddle between the two peaks (1814 m) and, to the left near the north ridge, they ascend to the peak.

Descent: normally takes place on the same ascent route. The most demanding ski mountaineers also frequently descend from the peak directly towards N-E on a more sustained slope.

CIMA BELLA 1911 m

Uphill height difference: 770 m
Difficulty level: Average skier – gradient <25 degrees
Slopes exposition: Variable
Ascent time: 2.30 hours
Departure: P3 – P4 – P5 car parks

Ascent: The ascent route coincides with that of Monte Cocco up to the saddle summit (1814 m). From here, travelling across the resting ridge towards the right, leads to the wide peak (boundary stone).

Descent: usually ski mountaineers descend along the same ascent route, easier and more fun. However, they frequently find interesting crossing the forest going in the N-NE direction often covered with powdery snow, where at the end they head off to the right to reach Forcella Fontana Fredda (1683 m), crossed by a narrow road. Then they turn to the south (without following the valley bottom, which is more or less skiable, but keeping on the track that initially flattens out on the right side), following the pleasant little road that after about 1 km leads to the clearings of the fork at an altitude of 1536 m, where the ascent route passes.

MONTE SAGRAN 1931 m

Uphill height difference: 800 m
Difficulty level: Average skier – gradient <25 degrees
Slopes exposition: S-E, then W
Ascent time: 2.30 hours
Departure: P3 – P4 – P5 car parks

Ascent: Commonly ski mountaineers follow one of the two routes described above until the fork at an altitude of 1536 m. Then they head right to take the little road flanked by fir trees, which branches off towards N-W with a moderate slope and, once reached the bottom of a small valley, they ascend through two tight hairpin bends towards Forcella Fontana Fredda (1683 m). Heading to the right but remaining on the left side, they face the marked western ridge, initially amid tall fir trees, then on increasingly open ground up to the panoramic peak.

Descent: ski mountaineers entirely follow the ascent route, which they describe as always pleasant and rewarding.

MONTE STARHAND 1968 m

Uphill height difference: 850 m
Difficulty level: Average skier – gradient <25/<35 degrees
Slopes exposition: Variable
Ascent time: 2.30-3.00 hours
Departure: P6 – former Rifugio Nordio car park

Ascent: Ski mountaineers usually follow the forest road that after about 2 km leads to the lodge bearing the same name. Then they head right to briefly move to Sella di Lom (1460 m) and to the village of Dolinza Alm. From here they turn

left passing through the mountain cottages and along the path of a forest road that goes diagonally up the right of the slope above the edge of the forest, then they turn left to pass the ridge and ascend the right side of the valley called “Papret” in the local language. Once reached the open slopes below the ridge between Sagraan and Starhand, they approach Monte Starhand by moving to the right end of the hump, right under the rocks supporting the summit peak, to then turn right towards the grove where they face a short steep channel leading to the top.

Descent: skiers normally descend on the main ridge, travelling south towards Monte Sagraan. Once at the foot of Monte Sagraan, they reach the peak (altitude 80 m) and then descend along the west ridge, or directly descend on the right along a perfectly skiable steep wooded valley, taking care to gradually move to the left in order to approach Forcella Fontana Fredda without risking of finding themselves too low. Once crossed the fork, they return to the “Al Camoscio” inn along the Pad Tamer valley.

MONTE OJSTERNIG 2050 m

Uphill height difference: 900 m
Difficulty level: Good skier – gradient <35 degrees
Slopes exposition: W, then S
Ascent time: 2.30-3.00 hours
Departure: P6 – former Rifugio Nordio car park

Ascent: Ski mountaineers usually continue along the forest road to the lodge bearing the same name. Here they turn right and, after a short stretch on the valley floor, follow on the left side the signs No. 403/404 for the mule track taking them to Sella Bistrizza. After some initial effort in the dense wood and a long uphill stretch on gradually more open ground, they move close to the saddle (1718 m). Before reaching it, they directly ascend the south ridge, making turns between outcropping rocks to arrive at the resting summit hump and the wide peak above.

Descent: skiers descend along the same route used for the ascent.



Snowshoeing in the alps

For those who love the unspoilt nature and the silence of the forest after a snowfall, but do not have the technical and physical preparation that ski mountaineering requires, the snowshoe trails on the Alpe di Ugovizza are the ideal solution. Some of the routes described are part of the Puanina Tour summer trail; a track loop that connects Ugovizza village to the above pastures and takes in refreshment places before descending to valley level. During winter months the Puanina Tour changes colour as everything turns white and is walkable, in part, with snowshoes.

Once arrived to altitude by car, the snowshoes trails of the Alpe di Ugovizza branch off into woods, meadows and mountain huts along the paths and forest roads of the centuries-old Tarvisio Forest.

SNOWSHOES TRAILS ALONG THE PUANINA TOUR

Along these trails the Puanina Tour signs must be followed.

Difficulty level: easy

Rifugio Gortani (lodge) – Agriturismo “Da Rosič” (farm holiday centre) – Locanda “Al Camoscio” (Inn)
Journey time (one way) 1.30 h
Distance (one way) 2.2 Km

P3 Val Uque car park – Agriturismo “Da Michael” (farm holiday centre)
Journey time (one way) 1.10 h
Distance (one way) 1.4 Km

Agriturismo “Da Michael” – Agriturismo Gacceman (farm holiday centres)
Journey time (one way) 1.40 h
Distance (one way) 2.4 Km

P6 car park – Rifugio F.lli Nordio-Deffar (lodge)
Journey time (one way) 1.45 h
Distance (one way) 2.0 Km
– from the lodge a nice 20 minute walk takes to Sella di Lom (Austria)



“AGRITURISMO GACCEMAN” TRACK LOOP
Difficulty level: Average
Journey time: 4 hours
Departure: P1 – former Sawmills (Segherie) car park

From the P1 – former Sawmills car park, hikers take the forest road that rises with some steep hairpin bends for about 1 km up to the locality of Zafratta in front of the small chapel. Then they follow the Puanina Tour signs for the Agriturismo Gacceman until they reach it. The return journey can be made in two ways: continue on foot along the road of the Val Filza Bassa to the main road and hence the P1 car park, or travel back along the same suggestive outward route.

“MALGA MEZESNIG” TRACK LOOP

Difficulty level: Average
Journey time: 3.30 hours
Departure: P2 Val Rauna car park

From the P2 Val Rauna car park, hikers turn left following the signs for the Malga Priu farm. Once arrived they turn right onto the meadows to then enter the wood following the Puanina Tour signs for Sella Collarice and Val Rauna (upper trail) and take a small road that after about 1 km brings them to Mezesnig, a beautiful and wide scenic promontory. They then return by descending for about 500 m the same route used for the ascent and follow the signs for Sella Collarice. Once there they descend again along Val Rauna until they reach the Rifugio Gortani and thereafter the P2 car park.

FORMER “VILLAGGIO COCCO” TRACK LOOP
Difficulty level: Average
Journey time: 4 hours
Departure: P2 Val Rauna car park

From the P2 Val Rauna car park, hikers follow the signs for the Rifugio Gortani. At about 100 meters from the lodge they turn left onto a forest road, initially paved and then dirt road, leading to the former Cocco Village, keeping right at the fork at an altitude of 1448 m. They continue along the road until they reach the wide pastures of Pad Tamer and then take the road that goes down on the right side towards the Agriturismo da Rosič. The loop ends following the Puanina Tour signs to the Rifugio Gortani and thereafter to the P2 Val Rauna car park.



Savouring walks

your day on the Alpe di Ugovizza cannot be considered complete without a visit to one of the local restaurants. Nothing is more satisfying than enjoying a well prepared dish in a warm and welcoming atmosphere, while outside the frost glistens on the snow covered landscape. The culinary offer is genuine, plentiful and tasty. Our dishes are a liaison of taste, products and knowledge of our people, where tradition becomes passion and flavour.

EATING PLACES

Agriturismo “da Rosič”

+39 368 3023019
+39 338 9422503
rosicpeter@gmail.com
Open all winter

Rifugio Michele Gortani

+39 331 7907427
angelavirgallito@gmail.com
Open all winter
Closed on Wednesdays



Rifugio F.lli Nordio-Deffar

+39 320 8151052
lianeke@libero.it
Open all winter
Closed on Tuesdays and Wednesdays

Agriturismo Malga Priu

+39 333 4475021
+39 331 1025989
Generally open during the Christmas holidays

Agriturismo Gacceman

+39 339 2967939
info@gacceman.com
Open during the Christmas holidays

Since bad weather may, at times, prevent the possibility of opening / accessing the places, it is always advisable to call in advance.



Parking

Ski mountaineering ascents

Ski mountaineering descents

Snowshoe trails



Refreshment points



USEFUL INFORMATION AND SAFETY TIPS

The Alpe di Ugovizza can be reached following the municipal Ugovizza road – Rifugio F.lli Nordio-Deffar, easily accessible from the A23 motorway exit for Ugovizza. The numbered car parks marked on the map are the departure points for the routes described.

From 15 November to 15 April the use of snow chains is mandatory on the road to the mountain pasture.

The risk of avalanches is always present, even on the routes described in this brochure. We therefore advise utmost caution in every circumstance and to always consult the Friuli Venezia Giulia regional avalanche bulletin at the link www.regione.fvg.it/asp/valanghe/welcome.asp, as well as carry with you the appropriate equipment consisting of: ARTVA (avalanche transceiver), SHOVEL, PROBE, helmet, water and food.

The local FVG mountain guides
guarantee a full and safe experience.
Via Matteotti, 16
33028 Tolmezzo (Udine) - Italy
+39 333 2901914
info@guidedepinefvg.it

During walking or skiing do not scare wild game with screams or sudden movements and keep dogs on a leash.

In case of emergency call 112.