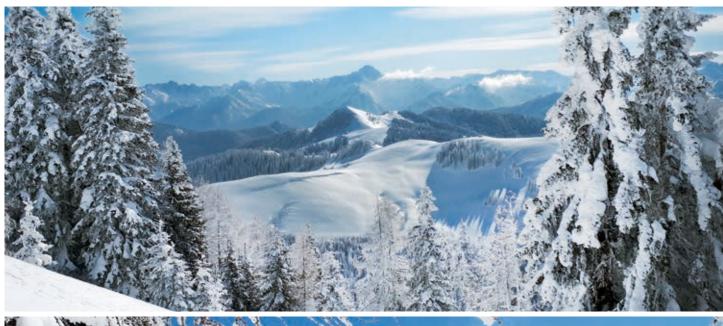


This brochure describes the ski mountaineering routes and snowshoeing trails that, traditionally and in a spontaneous way, were followed by ski mountaineers and hikers on the Alpe di Ugovizza. Since the trails described are not delimited, classified, prepared, controlled or protected, the Municipality of Malborghetto-Valbruna shall not be held responsible towards users.





ACE-TO-FACE WITH THE MOUNTAIN. SKI MOUNTAINEERING ON THE ALPE DI UGOVIZZA

Ski mountaineering is a sport that takes to experience the mountain in its most intimate nature. The winter ascents to the peaks of Ascent time: 2.30 hours the Carnic Alps on the Alpe di Ugovizza pass Departure: P3-P4-P5 car parks through gentle slopes, pastures and unspoilt fir woods, to ultimately reach the peaks summit, where the panorama will leave you breathless: to the north the Karawanken and Tauern ranges and to the south the rocky Julian Alps. One of the many distinctive features of this two borders merge and offer unique emotions. The freeride descents are sensational, characthese snow covered mountains!

Ski mountaineering

MONTE COCCO 1941 m

Uphill height difference: 800 m Difficulty level: Average skier-gradient <25 degrees / Good skier-gradient <35 degrees (direct descent from the top towards N-E)

Slopes exposition: E, then N Ascent time: 2.30 hours

Departure: P3-P4-P5 car parks

the forest road that from the "Al Camoscio" sharp left-hand turn, on grazing hills and open ground up to the panoramic peak. sparse woodland until the open slopes under the saddle between Monte Cocco and Cima Bella. The second allows, after crossing the bridge, to pass on the left side of the valley (advisable if the right side is not very snowy) and along the little road, or through the woods without an obligatory route, to arrive at the masonry building of Cocco Village (1460 m) Uphill height difference: 850 m reachable from a further narrow road. Along Difficulty level: Average skier-gradient this road, towards the right, skiers usually as- <25/<35 degrees cend to a clearing crossing the previous trail (1536 m). Continuing then on open terrain, they arrive at the saddle between the two peaks (1814 m) and, to the left near the north ridge, **Departure: P6 – former Rifugio Nordio** they ascend to the peak.

CIMA BELLA 1911 m Uphill height difference: 770 m Difficulty level: Average skier-gradient

<25 degrees Slopes exposition: Variable

Ascent: The ascent route coincides with that of From here, travelling across the resting ridge face a short steep channel leading to the top. towards the right, leads to the wide peak

in Austria and Italy, along tracks where the along the same ascent route, easier and more the peak (altitude 80 m) and then descend fun. However, they frequently find interesting along the west ridge, or directly descend on the terized by powder or firn snow depending on often covered with powdery snow, where at the valley, taking care to gradually move to the left the period chosen. Here you will undoubtedly end they head off to the right to reach Forcella in order to approach Forcella Fontana Fredda find a piece of untouched snow just waiting Fontana Fredda (1683 m), crossed by a narrow without risking of finding themselves too low. to be skied on. Nothing will leave you more road. Then they turn to the south (without Once crossed the fork, they return to the "Al satisfied than a face-to-face experience with following the valley bottom, which is more or Camoscio" inn along the Pad Tamer valley. less skiable, but keeping on the track that initially flattens out on the right side), following the pleasant little road that after about 1 km leads to the clearings of the fork at an altitude of 1536 m, where the ascent route passes.

MONTE SAGRAN 1931 m

Uphill height difference: 800 m Difficulty level: Average skier-gradient <25 degrees

Slopes exposition: S-E, then W Ascent time: 2.30 hours

Departure: P3 - P4 - P5 car parks

at an altitude of 1536 m. Then they head right Ascent: Ski mountaineers who face Monte Coc- to take the little road flanked by fir trees, which co typically leave the valley bottom following branches off towards N-W with a moderate they move close to the saddle (1718 m). Beslope and, once reached the bottom of a small fore reaching it, they directly ascend the south P6 car park—Rifugio F.lli Nordio-Deffar inn rises towards N-W passing through some valley, they ascend through two tight hairpin mountain cottages. At the first bridge skiers bends towards Forcella Fontana Fredda (1683 to arrive at the resting summit hump and the Journey time (one way) 1.45 h usually choose between two different routes: m). Heading to the right but remaining on the wide peak above. the first allows to continue straight without left side, they face the marked western ridge, crossing the bridge and to proceed, after a initially amid tall fir trees, then on increasingly

> Descent: ski mountaineers entirely follow the ascent route, which they describe as always pleasant and rewarding.

MONTE STARHAND 1968 m

Ascent time: 2.30-3.00 hours

Slopes exposition: Variable

Descent: normally takes place on the same Ascent: Ski mountaineers usually follow the forascent route. The most demanding ski moun- est road that after about 2 km leads to the lodge taineers also frequently descend from the bearing the same name. Then they head right peak directly towards N-E on a more sustained to briefly move to Sella di Lom (1460 m) and to the village of Dolinza Alm. From here they turn

left passing through the mountain cottages and along the path of a forest road that goes diagonally up the right of the slope above the edge of the forest, then they turn left to pass the ridge and ascend the right side of the valley called "Papret" in the local language. Once reached the open slopes below the ridge between Sagran and Starhand, they approach Monte Starhand by moving to the right end of the hump, right under the rocks supporting the summit peak, Monte Cocco up to the saddle summit (1814 m). to then turn right towards the grove where they

ridge, travelling south towards Monte Sagran. region is the possibility to ski simultaneously Descent: usually ski mountaineers descend Once at the foot of Monte Sagran, they reach able, in part, with snowshoes. crossing the forest going in the N-NE direction right along a perfectly skiable steep wooded

MONTE OJSTERNIG 2050 m

Uphill height difference: 900 m Difficulty level: Good skier-gradient <35 degrees

Slopes exposition: W, then S Ascent time: 2.30-3.00 hours

Departure: P6-former Rifugio Nordio car park

Ascent: Ski mountaineers usually continue P3 Val Uque car park-Agriturismo along the forest road to the lodge bearing the "Da Michael" (farm holiday centre) same name. Here they turn right and, after a Journey time (one way) 1.10 h short stretch on the valley floor, follow on the Distance (one way) 1.4 Km Ascent: Commonly ski mountaineers follow one left side the signs No. 403/404 for the mule of the two routes described above until the fork track taking them to Sella Bistrizza. After some initial effort in the dense wood and a long uphill stretch on gradually more open ground, ridge, making turns between outcropping rocks (lodge)

> Descent: skiers descend along the same route used for the ascent.

Snowshoeing in the alps

For those who love the unspoilt nature and the silence of the forest after a snowfall, but do not have the technical and physical preparation that ski mountaineering requires, the snowshoe trails on the Alpe di Ugovizza are the ideal solution. Some of the routes described are part of the Puanina Tour summer trail; a track loop that connects Ugovizza village to the above pastures and takes in refreshment places before descending to valley level. Dur-Descent: skiers normally descend on the main ing winter months the Puanina Tour changes colour as everything turns white and is walk-

> Once arrived to altitude by car, the snowshoes
> Departure: P1-former Sawmills (Segherie) trails of the Alpe di Ugovizza branch off into car park woods, meadows and mountain huts along the paths and forest roads of the centuries-old

SNOWSHOES TRAILS ALONG THE PUANINA TOUR

Along these trails the Puanina Tour signs must be followed.

Difficulty level: easy

Rifugio Gortani (lodge) - Agriturismo "Da Rosič" (farm holiday centre) - Locanda "Al Camoscio" (Inn) Journey time (one way) 1.30 h

Distance (one way) 2.2 Km

Agriturismo "Da Michael" – Agriturismo Gacceman (farm holiday centres) Journey time (one way) 1.40 h

Distance (one way) 2.4 Km

Distance (one way) 2.0 Km

- from the lodge a nice 20 minute walk takes to Sella di Lom (Austria)



"AGRITURISMO GACCEMAN" **TRACK LOOP**

Difficulty level: Average Journey time: 4 hours

From the P1–former Sawmills car park, hikers take the forest road that rises with some steep hairpin bends for about 1 km up to the locality of Zafratta in front of the small chapel. Then they follow the Puanina Tour signs for the Agriturismo Gacceman until they reach it.

Savouring walks The return journey can be made in two ways: continue on foot along the road of the Val Filza Bassa to the main road and hence the P1 car park, or travel back along the same suggestive outward route.

"MALGA MEZESNIG" TRACK LOOP

Difficulty level: Average Journey time: 3.30 hours

Departure: P2 Val Rauna car park

From the P2 Val Rauna car park, hikers turn left following the signs for the Malga Priu farm. **EATING PLACES** Once arrived they turn right onto the meadows to then enter the wood following the Puanina Tour signs for Sella Collarice and Val Rauna (upper trail) and take a small road that after about 1 km brings them to Mezesnig, a beautiful and wide scenic promontory. They then return by descending for about 500 m the same Rifugio Michele Gortani route used for the ascent and follow the signs for Sella Collarice. Once there they descend again along Val Rauna until they reach the Rifugio Gortani and thereafter the P2 car park.

your day on the Alpe di Ugovizza cannot be Rifugio F.lli Nordio-Deffar

where tradition becomes passion and flavour.

Agriturismo "da Rosič"

rosicpeter@gmail.com

+39 368 3023019

+39 338 9422503

Open all winter

considered complete without a visit to one +39 320 8151052 of the local restaurants. Nothing is more satlianeke@libero.it isfying than enjoying a well prepared dish in Open all winter a warm and welcoming atmosphere, while Closed on Tuesdays and Wednesdays outside the frost glistens on the snow cov-Agriturismo Malga Priu ered landscape. The culinary offer is genuine,

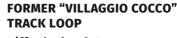
plentiful and tasty. Our dishes are a liaison of +39 333 4475021 taste, products and knowledge of our people, +39 331 1025989

Generally open during the Christmas

Agriturismo Gacceman

+39 339 2967939 info@gacceman.com Open during the Christmas holidays

Since bad weather may, at times, prevent



Difficulty level: Average Journey time: 4 hours

Departure: P2 Val Rauna car park

From the P2 Val Rauna car park, hikers follow the signs for the Rifugio Gortani. At about 100 meters from the lodge they turn left onto a forest road, initially paved and then dirt road, leading to the former Cocco Village, keeping right at the fork at an altitude of 1448 m. They continue along the road until they reach the wide pastures of Pad Tamer and then take the road that goes down on the right side towards the Agriturismo da Rosič. The loop ends following the Puanina Tour signs to the Rifugio Gortani and thereafter to the P2 Val Rauna



